

SAMEETA SPARKS

Facilitator and Coach



Sparks is currently an Associate with neOOne Associates Sdn Bhd. She is a certified Therapeutics Art Practitioner from the Canadian International Institute of Art Therapy. Sparks comes with her extensive years of experience in healthcare and mindfulness to make you see things from a different lens.

Learning & Development Experience

Sameeta is an expert in facilitating people to EXPRESS AND DECODE THE SECRETS in increasing their efficiency through creativity. She is kept busy facilitating workshops for social enterprises, UNDP youth bootcamps, designing and facilitating art Wellness for working adults, and children. Currently she is working on bringing her content online with more flavourful programs in art Wellness.

Current Work Activity

Founder, Program Designer and Facilitator for art Wellness at Virtual Health Angels Sdn Bhd.

Previous Work Activity

- Designed and delivered a workshop for Mindful Leadership (public and individual).
- Designed and delivered virtual facilitation on Mindful Personalized Manadala.
- Designed and Delivered art Wellness programs for special needs kids at CRC Life Skill Centre and Pusat Kreatif Kanak-Kanak Tuanku Bainun.
- Spoke at various universities for Growth Mindset (Taylors, Inti, UniMY and UniKL).
- Editor at IWFCI Malaysia Chapter.
- Winner of Ingenuity'19, Tech for Good Summit, Asia Pacific and Malaysia Levels.
- Shortlisted for Inspiring Woman 2019, Spendless Academy.



Academics & Credentials

MBA (Merits)
University of Nottingham

Bsc (Hons) Medical Imaging,
University of Teesside

Dip in Radiography, University of
Malaya

Certified Therapeutics Art
Practitioner, Canadian
International Institute of Art
Therapy

Certified Facilitative Trainer
(in progress), DRB University /
neOOne Associates

Area of Specialization

- Therapeutic Arts.
- Clinical Product Marketing.
- Pitching and Public Speaking.
- Case study development.
- Creating technical specification for ultrasound systems, computed radiography and digital radiography.