



TI YAN

Cards

V4

USER MANUAL



REFLECT



INSIGHT



ACTION



Deepen **Thinking**. Spark **Insight**. Drive **Action**.

Ti Yan v4 – A Multi-Layered Learning and Facilitation Card System

Ti Yan (体验) is an experiential learning card system designed to stimulate reflection, conversation, insight, and meaningful learning.

Unlike traditional discussion cards that rely solely on text prompts, Ti Yan uses a combination of visuals, quotations, and embedded facilitation elements to create a rich learning experience.

Each card is designed to be simple enough for immediate use, yet versatile enough to support coaching, facilitation, training, leadership development, team building, and personal reflection.

Dual-Playable Design

One of the distinctive features of Ti Yan v4 is that **both sides of the card are playable**.

Rather than reserving one side exclusively for branding, Ti Yan v4 maximises the learning value of every card by making both faces meaningful and usable.

Side A: The Visual

Each card features a carefully selected visual object, image, or metaphor.

Examples include:

- Bridge
- Butterfly
- Compass
- Lighthouse
- Tree
- Key
- Mountain
- Puzzle Piece



The visual serves as an open-ended stimulus that encourages participants to:

- Observe
- Interpret
- Reflect

The same image may generate entirely different interpretations depending on the participant, context, and learning objective.

This ambiguity is intentional and forms the heart of the Ti Yan experience.

Side B: The Quote

The reverse side contains a carefully curated quotation related to learning, growth, leadership, resilience, personal development, or human potential.

Each quote is unique and paired with a specific card.

The quotation serves as:

- A reflection trigger
- A discussion starter
- A coaching prompt
- A source of inspiration
- A bridge between personal experience and learning

Together, the visual and quote provide two different entry points into the learning conversation.

Side B: Embedded Facilitation Elements

In addition to the quotation, every card contains four facilitation markers that can be used to create activities, discussion structures, team formation exercises, and learning games.

These markers transform Ti Yan from a simple reflection deck into a flexible facilitation platform.

Many random grouping methods are functional but uninspiring:

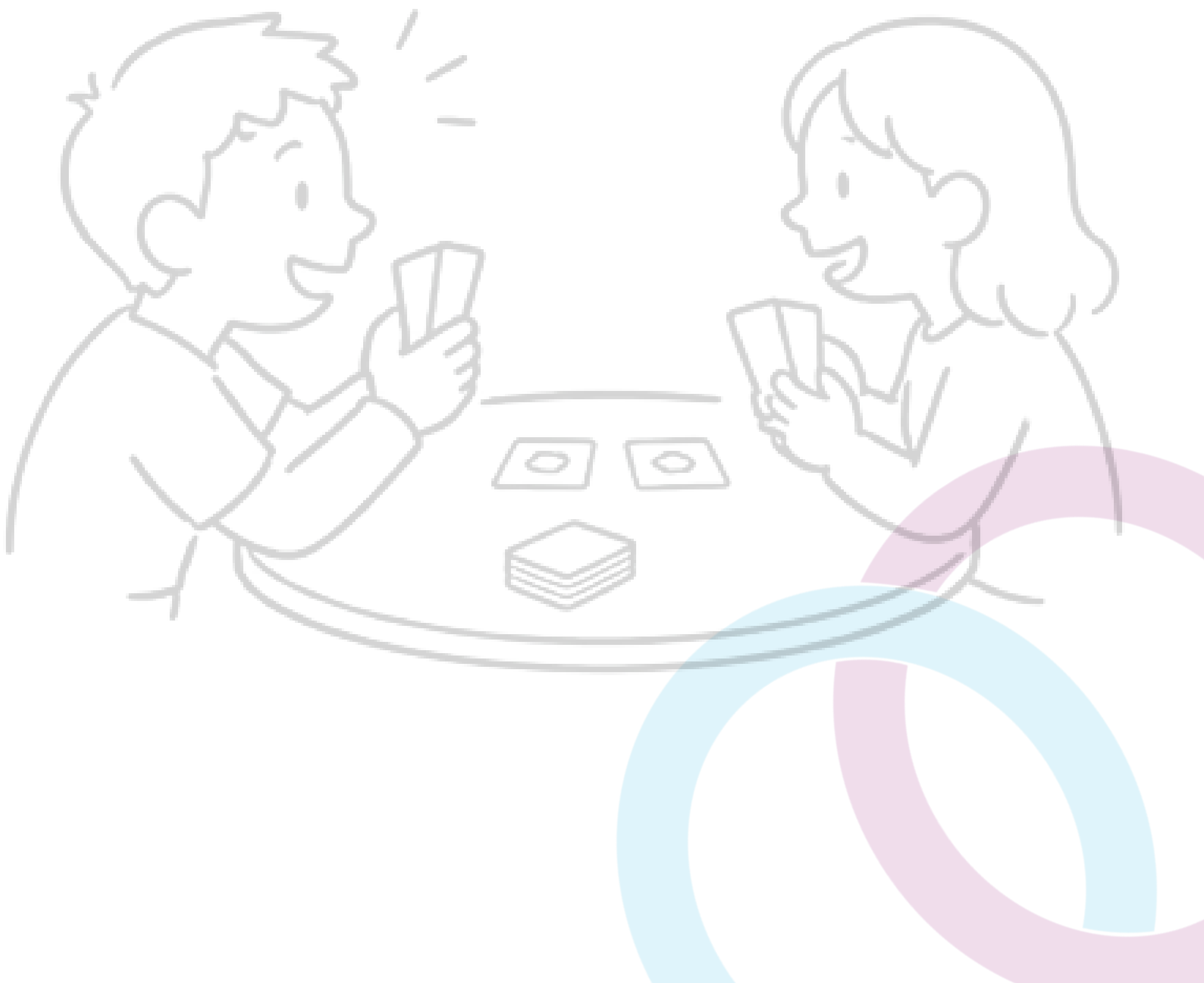
- Count 1–6.
- Animal sounds.
- Birthday months.
- Playing cards.

The Ti Yan colour method does something different:

It transforms team formation from a logistical exercise into a learning experience.

Participants are not just being sorted into groups; they are connecting through reflection, meaning, and conversation before the group work even begins.

For someone with your facilitation philosophy, this feels very aligned with your Centering → Context Set → Content flow. The card becomes part of the Centering process while simultaneously handling the logistics of group formation.



WHAT I FEEL LIKE EXPRESSING (WIFLE) Ice Breaker in small groups.

Preparation/Set-up

Spread the card out before the group facing up. The cards can be arranged in concentric circles or laid out randomly to give an organic, informal impression. It all depends on the feel you are going for. To save time, this set-up can be done prior to them entering the room.

Instructions

1. Take turns to introduce yourself to your small group.
2. Share also what you are feeling right now by picking a card or two that represents that feeling.
3. Put the card/s in front of you so that others can also use them too.
4. Start sharing when everyone has picked up their card/s.
5. Be aware of time to make sure everyone in your group has an opportunity to share.
6. Acknowledge every sharing by applauding at the end of every single sharing.

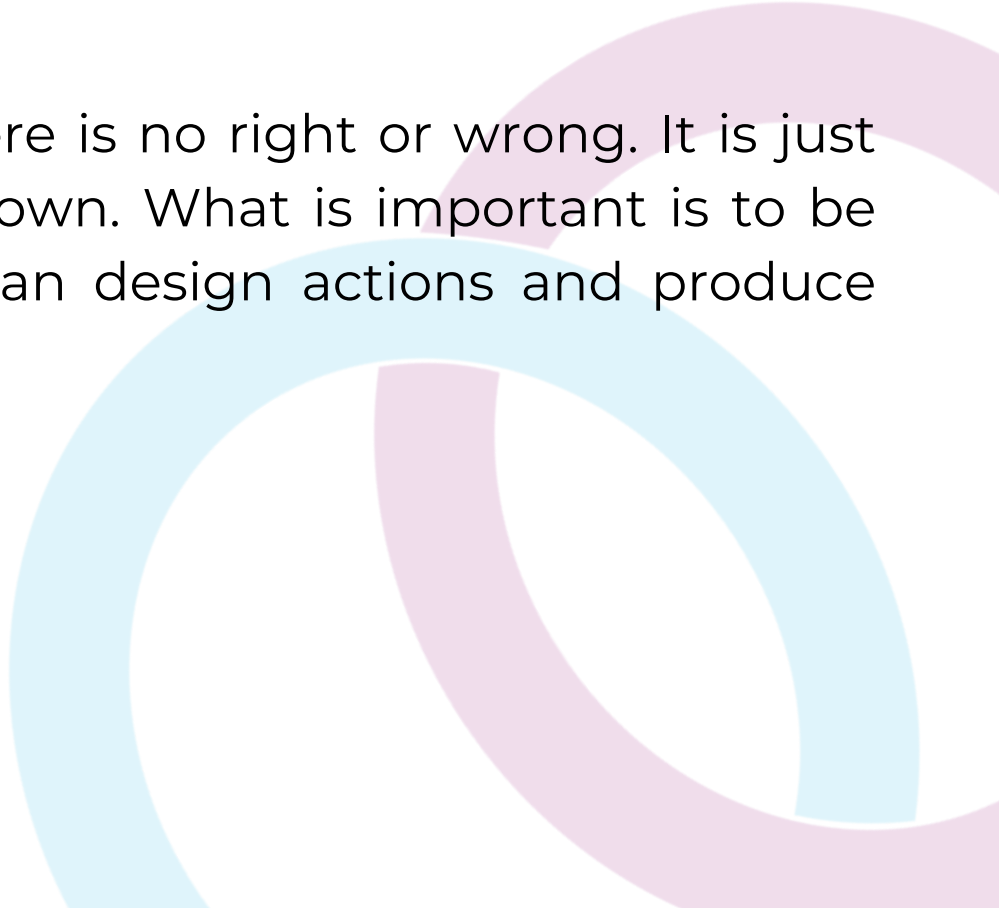
Harvest

Shout out from where you are some of the feelings you hear your friends are experiencing?

Trainer: Write them down on a flip chart if you want to.

Wrap-up

Whatever we experience and feel, there is no right or wrong. It is just what we are feeling and it is ours to own. What is important is to be aware of these feelings so that we can design actions and produce results that benefits us ultimately.



UNIQUE STRENGTH IN UNITY Ice Breaker in small groups.

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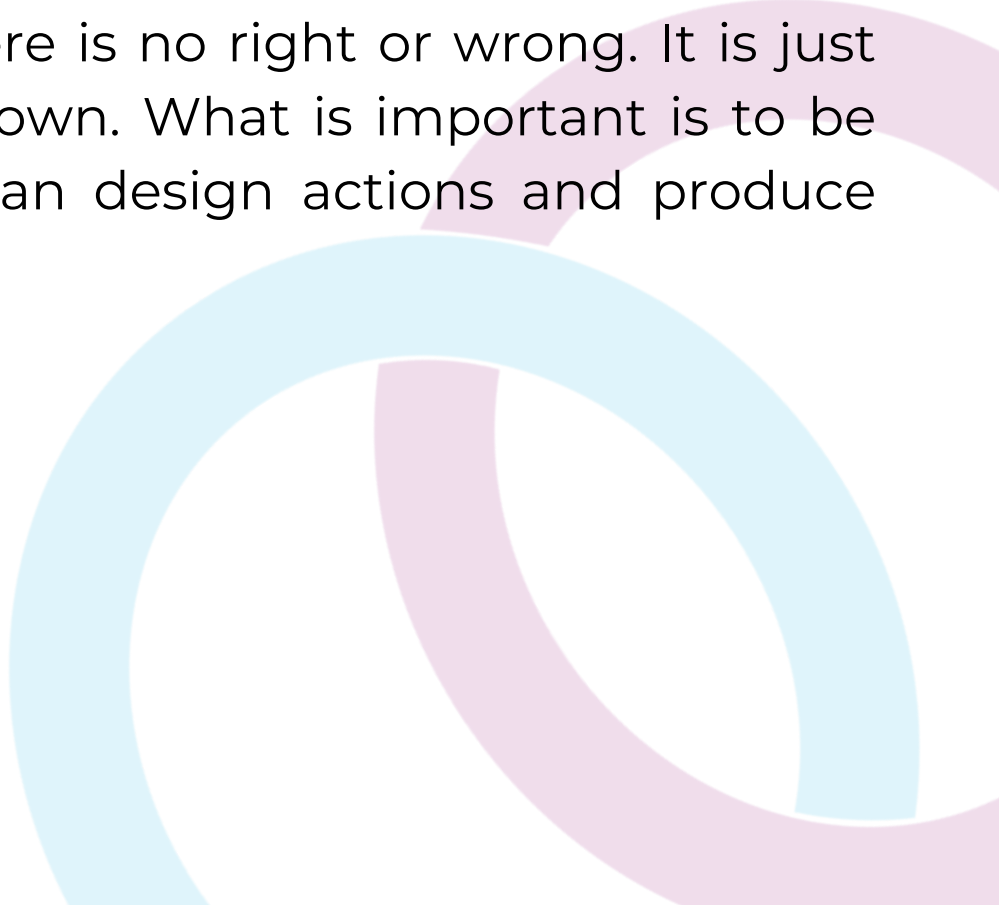
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FOCUS INTENT Goal setting for the day.

Preparation/Set-up

Spread the cards out before the group facing up. The cards can be arranged in concentric circles or laid out randomly to give an organic, informal impression. It all depends on the feel you are going for. To save time, this set-up can be done prior to them entering the room.

Instructions

1. Pick a card that best represents a goal you have for the day, course or program.
2. Pick also another card that represents the support you need to achieve your goal.
3. Put the cards in front of you so that others can also use them too.
4. Start your sharing when everyone has picked up their cards.
5. Take turns to share your goal and support you need. Don't forget to show your cards.
6. Be aware of time so that everyone in your group has an opportunity to share.
7. Acknowledge every sharing by applauding at the end of every single sharing.

Harvest

Would anyone like to share their goal and the support you need to achieve your goal?

Trainer: Take sharing. Coach them to elaborate the goals and clarify the support needed.

Wrap-up

Now that you know about each other's goals and the support they need, be conscious and support each other to achieve what we want from this course program. We can achieve good things alone but we can only achieve great things together.

DAILY REFLECTION Reviewing Learning at the end of the day

Preparation/Set-up

Spread the cards out before the group facing up. The cards can be arranged in concentric circles or laid out randomly to give an organic, informal impression. It all depends on the feel you are going for. To save time, this set-up can be done prior to them entering the room.

Instructions

1. Pick a card/s that best represents your biggest learning for the day.
2. Put the card/s in front of you so that others can also use them too.
3. Start your sharing when everyone has picked up their card/s.
4. Take turns to share your biggest learning of the day and how you will use this learning. Don't forget to show your card/s.
5. Be aware of time so that everyone in your group has an opportunity to share.
6. Acknowledge every sharing by applauding at the end of every single sharing.

Harvest

Would anyone like to share their biggest learning and how they are going to apply it?

Trainer: Take sharing. Coach them to elaborate the application of the learning.

Wrap-up

Goethe is known famously for saying that “knowing is not enough; we must apply. Willing is not enough; we must do.” This stands true of our learning today. We need to apply the learning. The learning must be put into action for it to be of any use. I encourage you to do just this.

STORY IN FOURS Storytelling

Preparation/Set-up

Spread the cards out before the group facing up. The cards can be arranged in concentric circles or laid out randomly to give an organic, informal impression. It all depends on the feel you are going for. To save time, this set-up can be done prior to them entering the room.

Instructions

- Think of a story you want to tell.
- Break it down into four parts.
- Pick cards that best represent each of the four parts.
- Put the card/s in front of you so that others can also use them too.
- Start sharing when everyone has picked up their card/s.

1st round: take turns to share your story using the cards you have chosen.

2nd round: Rearrange the quadrants. Tell the story from a different quadrant. Notice if there are any differences the second time around.

- Be aware of time so that everyone in your group has an opportunity to share.
- Acknowledge every sharing by applauding at the end of every single sharing.
- Share what came up for you/learning you obtained by doing the exercise.
- Acknowledge everyone for sharing.

Harvest

Would anyone like to share their learning from that exercise?

Trainer: Take sharing. Coach them to elaborate the learning

Wrap-up

We have our own stories told in a very strict, particular way that we have decided suits us best. However, maybe by telling the same story from a different starting point and mixing them up, we will be able to learn something new about the same story. This learning might be useful for us to unlock certain barriers and obstacles that are holding us back.

1. The Ti Yan Colour Connection Method

Purpose

To form teams quickly while creating an opportunity for interaction, reflection, and conversation.

Step 1: Pick a Card

- Invite each participant to select a Ti Yan card that appeals to them.

Facilitator Script

- Choose a card that speaks to you. Don't overthink it. Pick the card that attracts your attention or curiosity.
- This creates ownership because participants feel they chose the card rather than being assigned a number.

Step 2: Individual Reflection

- Give participants a minute to look at the visual and quote.

Facilitator Script

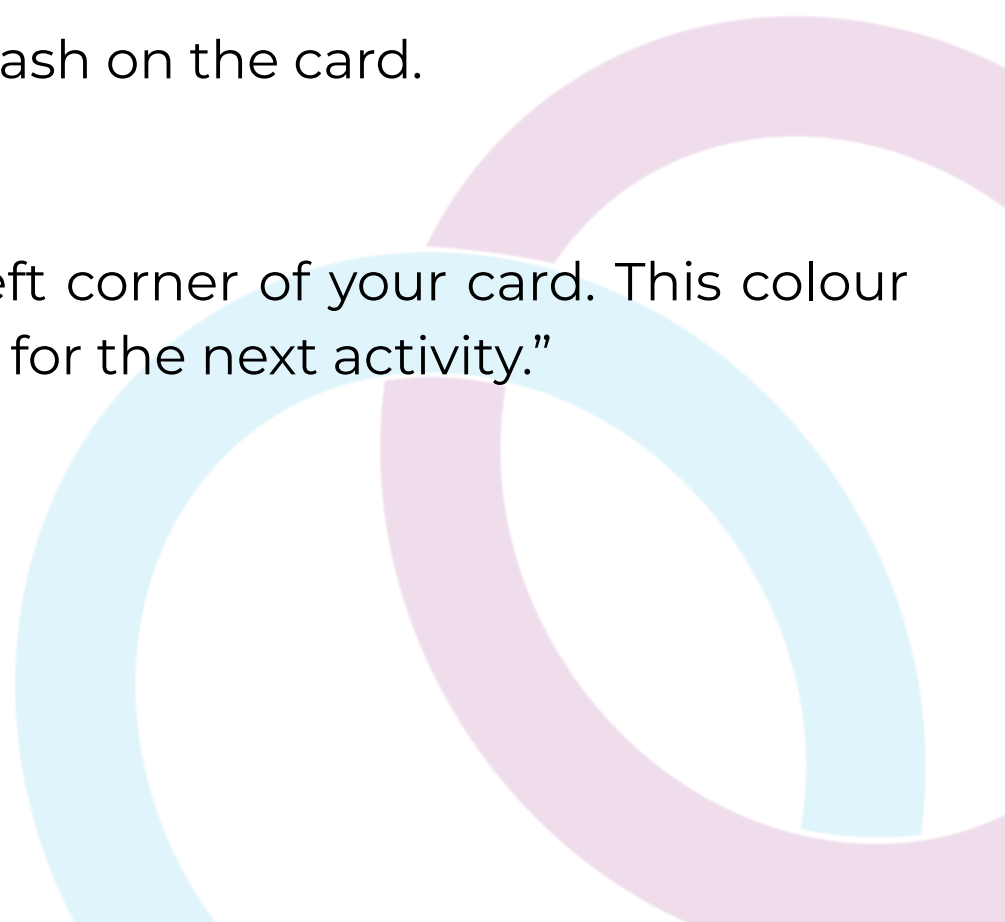
- Take a moment to look at the image and read the quote. What stands out for you?
- This immediately transitions participants from passive attendees to active learners.

Step 3: Reveal the Colour

Ask participants to notice the colour splash on the card.

Facilitator Script

- Now look at the colour in the top left corner of your card. This colour will help you find your learning tribe for the next activity."



Step 4: Form Colour Tribes

Participants gather according to colour.



- Examples:
 - Red Team
 - Yellow Team
 - Green Team
 - Dark Blue Team
 - Light Blue Team
 - Pink Team
 - Purple Team
-
- Depending on attendance, you may:
 - Use all seven colours.
 - Use only selected colours.
 - Combine colours for larger groups.

Taking It Further

Rather than simply saying: “Go to your colour group.”
You can create a richer experience.

Option A: Colour Identity

- Once groups are formed: “Your colour is now your team’s identity.”
- Teams discuss:
- What does our colour represent?
- What strengths might this colour bring?
- What might be its blind spots?
- This creates instant team identity.

Option B: Colour Challenge

- Each colour receives a challenge.
- Example:

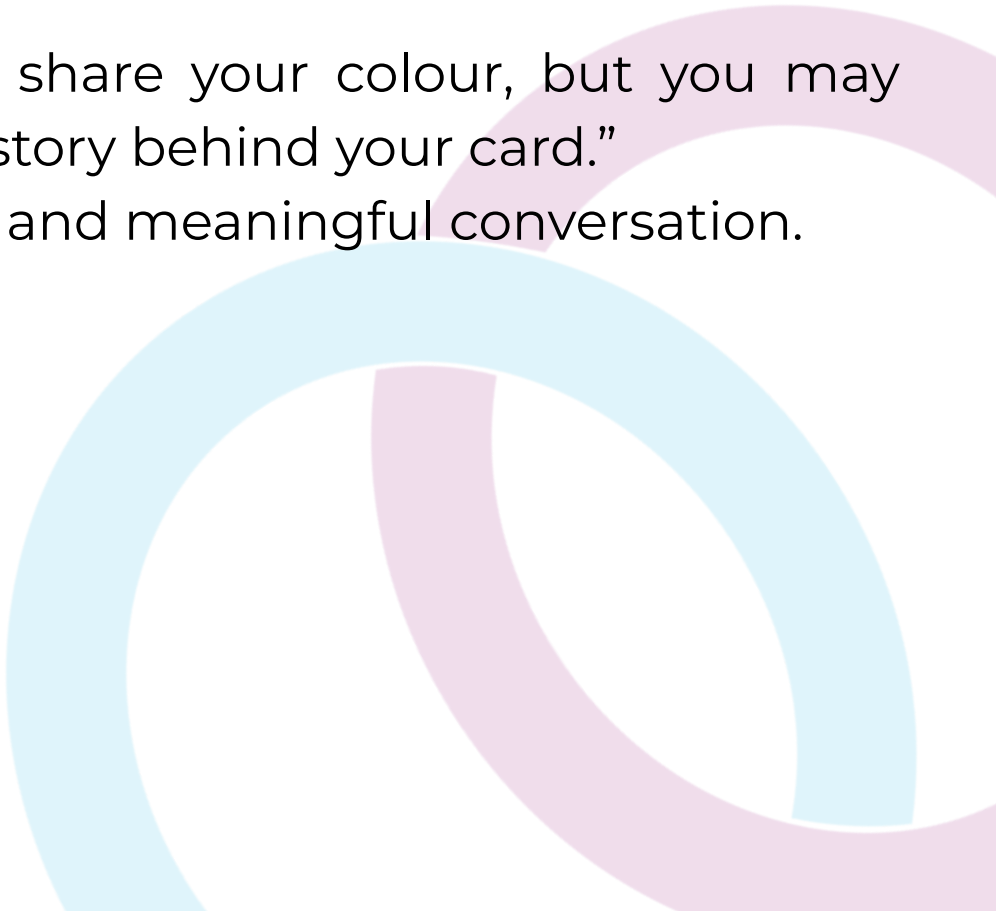


Colour	Challenge
Red	Most action-oriented solution
Yellow	Most creative solution
Green	Most sustainable solution
Dark Blue	Most structured solution
Light Blue	Best communication approach
Pink	Most people-centered solution
Purple	Most visionary solution

- The same problem generates seven different perspectives.
- Very useful for leadership, innovation, and problem-solving workshops.

Option C: Find Your Colour Family

- Before grouping: “Find others who share your colour, but you may only introduce yourself through the story behind your card.”
- This creates movement, networking, and meaningful conversation.



Advanced Version: The Ti Yan Networking Mixer

This is particularly useful for conferences.

Round 1

Participants mingle and discuss their card.

Round 2

- Find others with the same colour.

Round 3

- Within the colour group, identify a common theme emerging from your cards.

Round 4

- Create a team name inspired by your colour and insights.

Facilitator Script

By the time the activity ends:

- Teams are formed.
- Participants have interacted.



2. My Colour: My Emotional State / My Energy Lens

The Activity:

- Participants draw a card and respond through the lens of the colour.
- Show visual → read quote → discuss:
 - “How does this quote relate to Growth (Green)?”, or
 - “What action would you take if you approached this situation through the Red lens?”

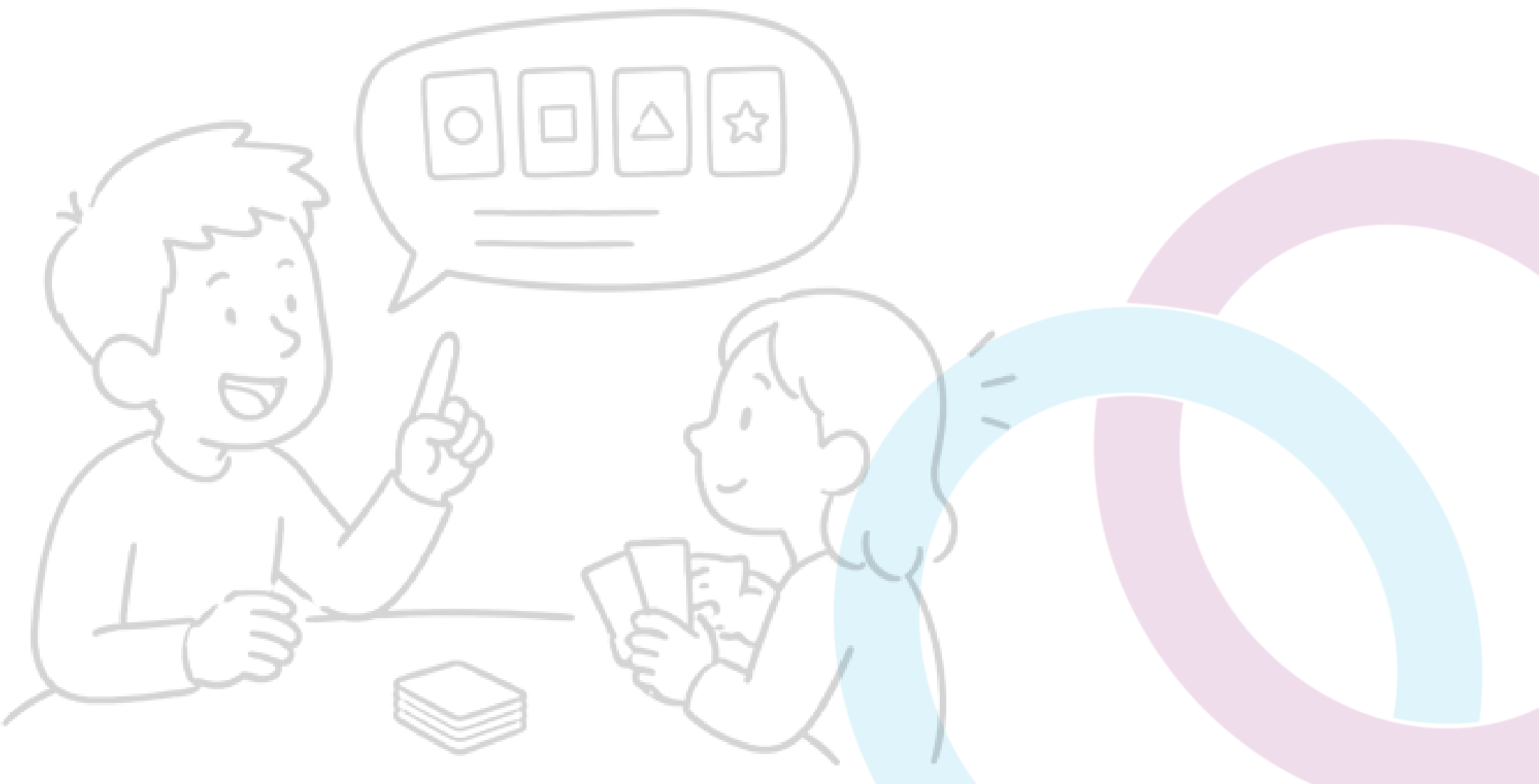
Colour	Possible Meaning
Red	Courage, action, urgency
Yellow	Possibility, optimism, creativity
Green	Growth, learning, development
Dark Blue	Logic, strategy, discipline
Light Blue	Reflection, communication, openness
Pink	Relationships, empathy, care
Purple	Vision, purpose, transformation

2. Shapes of Thinking Modes

The Activity

- Participants pick a card.
- Facilitator ask, “Based on your shape, what does this quote mean in the context of ...”
 - Triangle holder: What action should we take?
 - Square holder: What process is needed?
 - Circle holder: Who is affected or impacted?
 - Star holder: What opportunity exists?

Shape	Meaning
Triangle	Action
Square	Structure
Circle	Relationships
Star	Innovation / Possibility



3. Symbols Conversation Prompts

- The symbols themselves are naturally meaningful.
- Examples:
 - ? - Generate a powerful question inspired by the quote.
 - @ - Who comes to mind when you read this? or What is the key theme?
 - \$ - What is the value or benefit?
 - % - What 1% improvement can you make tomorrow?

Symbol	Prompt
?	Question
@	Person
#	Theme
\$	Value



4. Team Formation Tool - Instant random grouping.

The Activity:

- Ask participants to group themselves by:
 - Colour
 - Shape
 - Symbol
- Example:
 - “Find everyone with a Circle.” or “All Green cards together.”
- Useful because it avoids printing separate grouping cards.

5. Reflection Wheel

The Activity:

- Participants answer based on their symbol.
- Example:
 - The visual is a Mountain climber and the quote is “Growth begins at the edge of comfort.”
 - Depending on symbol, you can ask:
 - ? → What question does this raise?
 - @ → Who can help you?
 - \$ → What value is created?
 - % → What small improvement will you commit to?

6. Learning Styles Simulation

Not actual learning styles—but learning preferences.

The Activity:

- Pick a quote or a visual
- Colour determines response style.
 - Red: Tell a story.
 - Yellow: Brainstorm ideas.
 - Green: Discuss learning.
 - Dark Blue: Analyze logically.
 - Light Blue: Reflect quietly.
 - Pink: Explore human impact.
 - Purple: Connect to purpose.



7. Coaching Cards

Excellent for coaching.

The Activity:

- Coach asks client to pick:
- One visual card and/or
- One quote card
- Then use colour, shape and symbol as additional coaching prompts.
- A single card can generate 10–15 minutes of deep conversation.

8. Facilitation Challenge Deck

During a workshop, participants must respond according to the attribute.

The Activity:

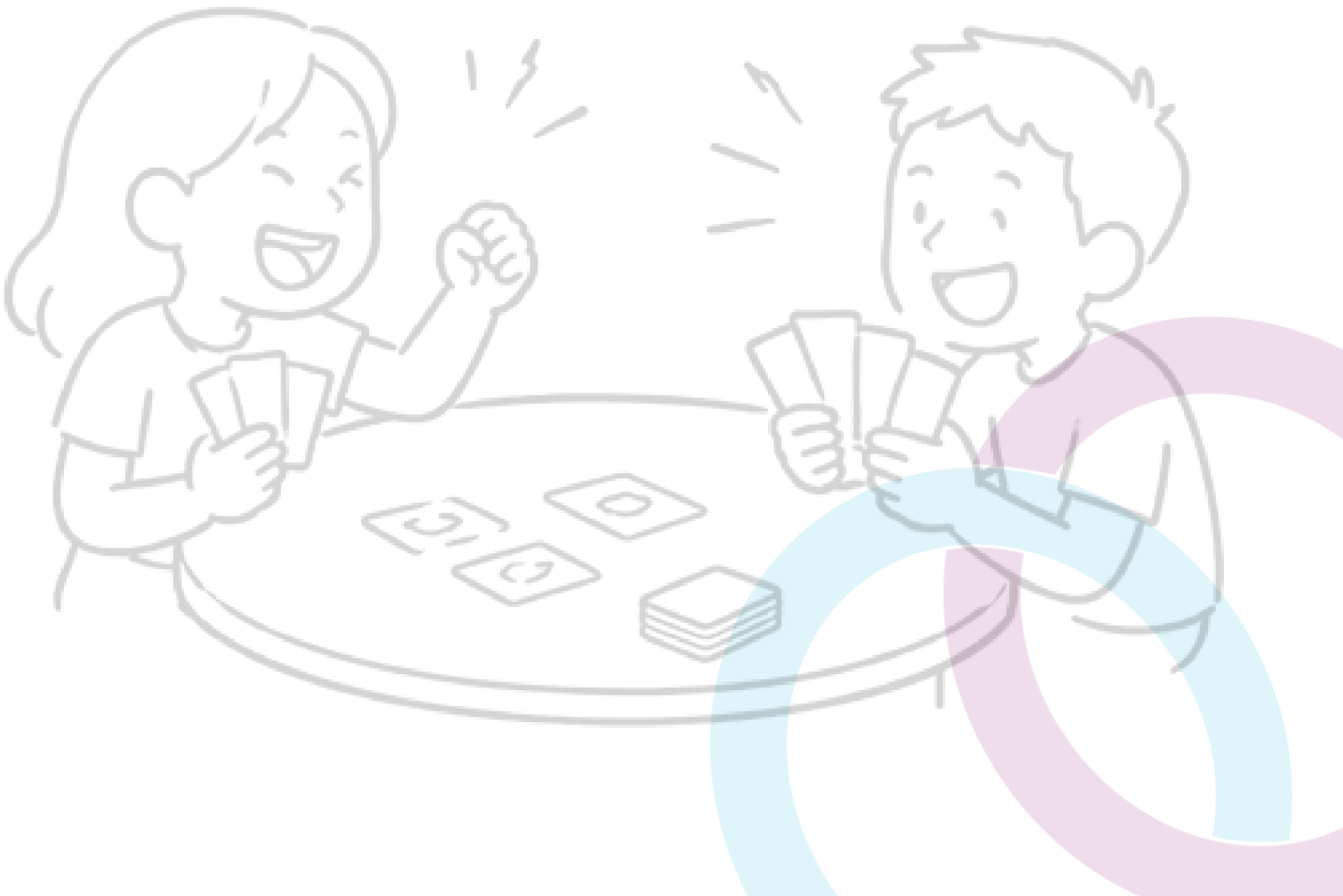
- A Card is drawn with
- Green
- Triangle
- ?
- Response required:
- Learning perspective (Green)
- Action perspective (Triangle)
- Formulate a question (?)
- This creates hundreds of combinations from only 40 cards.



9. Leadership Compass Activity

Map attributes (the shapes) to leadership dimensions.

Shape	Leadership Focus
Triangle	Execution
Square	Management
Circle	People
Star	Innovation



1. Colour Marker

Located on the top left corner.

Seven colours are used:

- Red
- Yellow
- Green
- Dark Blue
- Light Blue
- Pink
- Purple

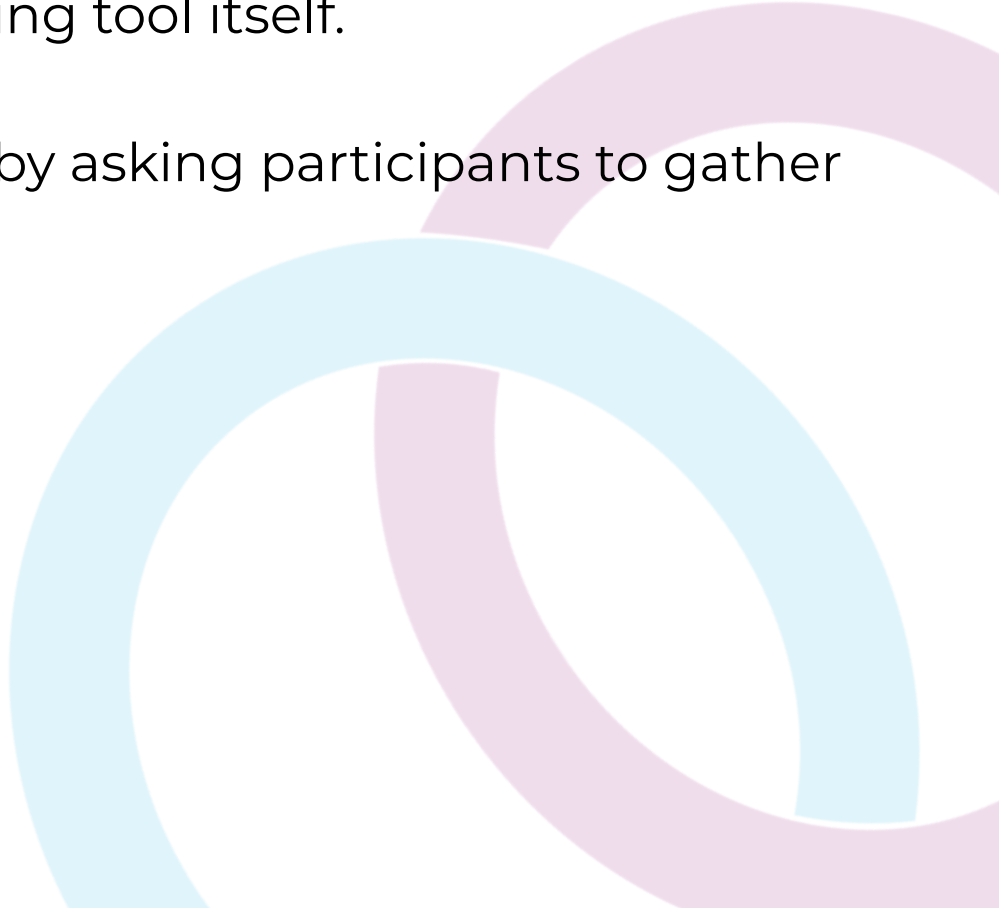
Possible uses include:

- Team formation
- Learning tribes
- Discussion groups
- Perspective-taking activities
- Problem-solving lenses
- Networking exercises

The colour system solves a very common workshop problem: “How do I form random groups quickly without making it feel random?”

When we use the Ti Yan card as an introduction mechanism, the participants already have a Ti Yan card in their hands, so the grouping mechanism is embedded into the learning tool itself.

A facilitator can instantly create groups by asking participants to gather according to their colour.



2. Shape Marker

Located on the top right corner.

Four shapes are used:

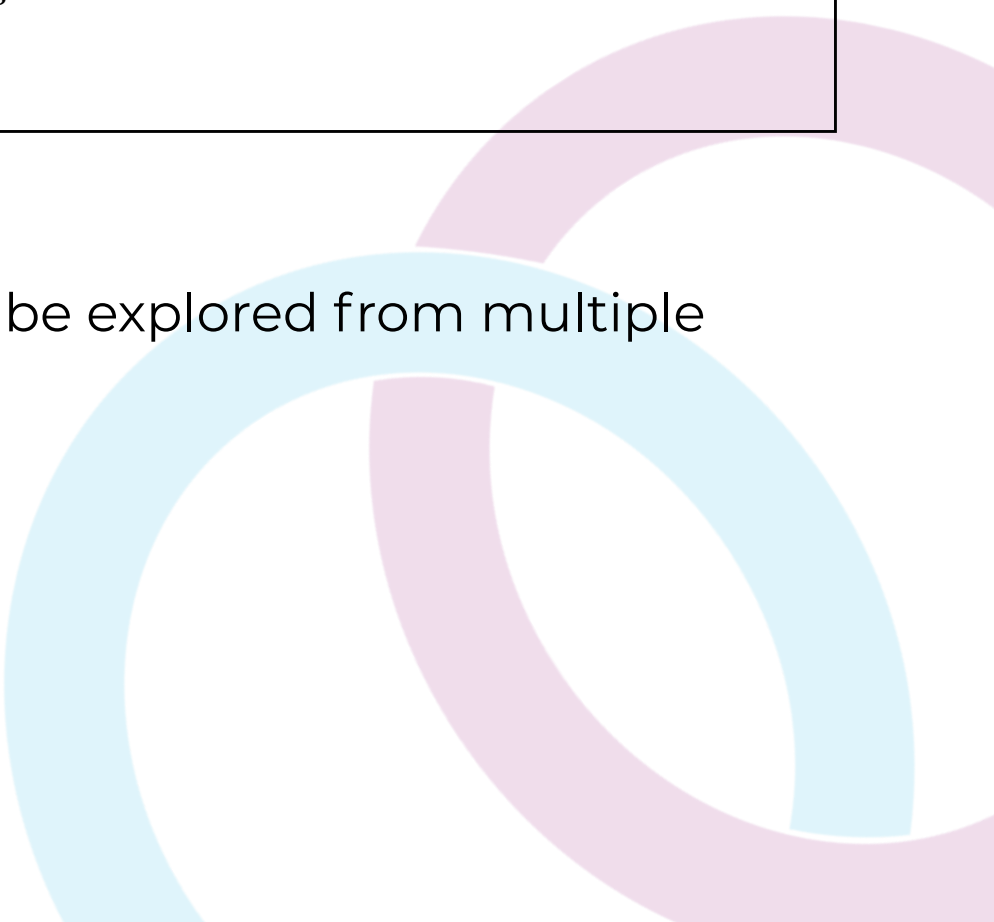
- Triangle
- Square
- Circle
- Star

The shapes can be used as thinking lenses.

For example:

Shape	Possible Lens
Triangle	Action
Square	Structure
Circle	Relationships
Star	Possibilities

This allows the same discussion topic to be explored from multiple perspectives.



3. Symbol Marker

Located on the bottom left corner.

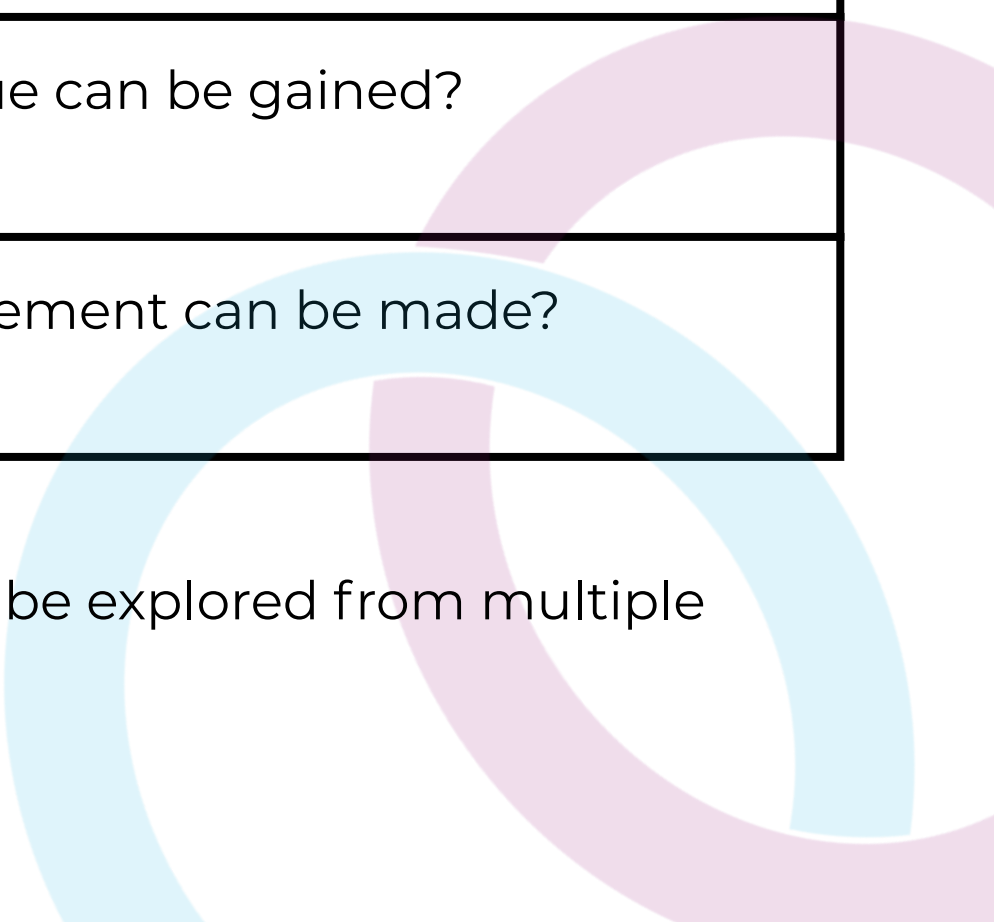
Five symbols are used:

- @
- ●
- ?
- \$
- %

The symbols can be used as discussion prompts or reflection cues.
For example:

Symbol	Reflection Prompt
?	What question emerges?
@	Who is involved?
#	What is the key theme?
\$	What value can be gained?
%	What improvement can be made?

This allows the same discussion topic to be explored from multiple perspectives.



4. Card Number

Located on the bottom right corner.

Cards are individually numbered.

The numbering system serves several purposes:

- Inventory control
- Missing card identification
- Card referencing
- Activity design
- Random selection exercises

Facilitators can also use the numbering system for various instructional activities.

More Than a Deck of Cards

Ti Yan v4 is not merely a collection of images and quotes.

It is a multi-layered learning tool consisting of:

- Layer 1: Visual metaphor
- Layer 2: Inspirational quotation
- Layer 3: Colour categorisation
- Layer 4: Shape categorisation
- Layer 5: Symbol categorisation
- Layer 6: Facilitation mechanics
- Layer 7: Participant meaning-making

The result is a deck that can be used for:

- Icebreakers
- Team formation
- Reflection activities
- Coaching conversations
- Leadership development
- Debriefing sessions
- Strategic thinking exercises
- Personal development discussions
- Facilitation workshops
- Community-building activities



The Hidden Superpower of Ti Yan v4

What is exciting is that these markers allow you to create activities without needing additional decks.

The same deck can function as:

- Reflection cards
- Icebreakers
- Coaching prompts
- Team formation tool
- Discussion triggers
- Facilitation exercises
- Leadership conversations
- Innovation activities
- Values exploration activities

In other words, this deck of cards is now a facilitation platform in card form.

A Simple Philosophy

At its core, Ti Yan is built on a simple belief: People learn best when they create meaning for themselves.

The visual sparks curiosity.

The quote provides perspective.

The colours, shapes, and symbols create interaction.

The conversation creates learning.

That is the essence of Ti Yan v4.



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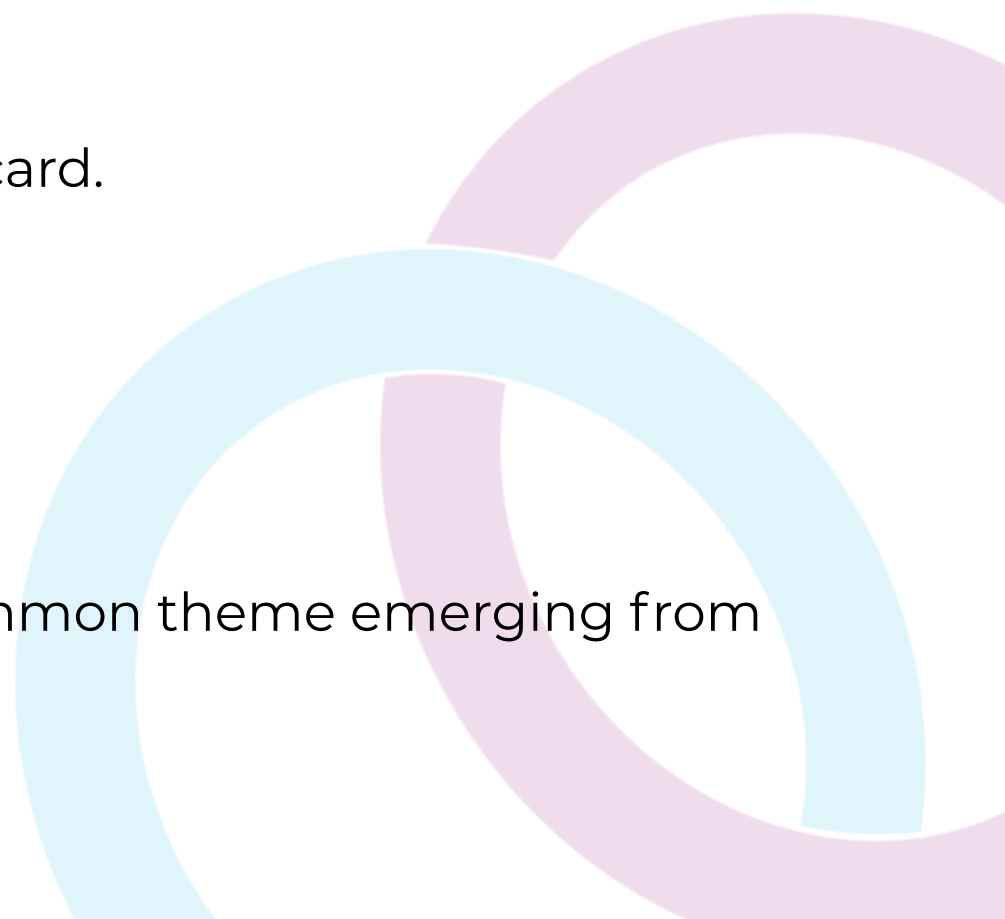
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Find others with the same colour.

Round 3

Within the colour group, identify a common theme emerging from your cards.



Round 4

Create a team name inspired by your colour and insights.

By the time the activity ends:

- Teams are formed.
- Participants have interacted.
- Learning has already started.
- The cards have served a meaningful purpose.



2. My Colour: My Emotional State / My Energy Lens

The Activity:

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7. Coaching Cards

During a workshop, participants must respond according to the attribute.

The Activity:

A Card is drawn with

- Green
- Triangle
- ?

Response required:

- Learning perspective (Green)
- Action perspective (Triangle)
- Formulate a question (?)

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